



Boomers Bar and Grill

**Capital News Centre
Kelowna BC,**

Appetizers

Quesadilla - \$7.50

Red pepper, mushrooms, olives, green onion, tomato and cheese with salsa and sour cream.
Add chicken or beef \$3.75

Calamari - \$8.50

Lightly breaded squid, deep-fried with tzatziki & lemon wedge.

Popcorn Shrimp - \$8.50

Breaded baby shrimp deep-fried till golden. Served with cocktail sauce and lemon wedge.

Pacific Cod Bites - \$8.50

Breaded Cod nuggets with Lemon Pepper Aioli.

Edamame - \$7.50

One pound of steamed and salted soy beans.

Vegetable Platter - \$6.95

Fresh seasonal vegetables with ranch dressing.

Onion Rings - \$4.95

Deep-fried golden brown.

Cajun Prawns - \$7.95

12 Sautéed tiger prawns.

Boomers Dry Ribz with lemon wedge - \$7.95



Nachos - Small 9.95 / Large \$15.95

Black olives, jalapenos, red pepper, green onion, tomato, mixed cheese.

Add beef or chicken - \$3.75 / Add Guacamole - \$1.50

Boomers Wingz - \$9.95

One pound, choice of: Teriyaki, Hot, Honey garlic, Honey mustard, Lemon pepper, Salt & pepper, Thai sweet chili, BBQ or Jamaican Jerk. Comes with celery & Blue Cheese.

3 lb Platter (Celery & extra dip) - \$26.00

Chicken Tenderz - \$8.95

Served with plum or honey mustard sauce and fries.

Boomers Meat balls - \$7.95

One dozen, choice of: Teriyaki, Hot, Honey garlic, Honey mustard, Lemon pepper, Salt & pepper, Thai sweet chili, BBQ or Jamaican Jerk. Comes with celery sticks.

Poutine - \$7.95

Smothered in cheese curds and gravy.

Grilled Pita Pointz - \$7.50

Served with our own Tzatziki and Hummus.

Spinach & Artichoke Dip - \$7.95

Served with our Tri colored Tortilla chips



Soup & Salads

Soup of the Day - Cup \$3.75/Bowl 5.25

Chef's daily creation with garlic toast.

Fajita Salad - \$9.95

Romaine lettuce topped with fresh tomato, cheese, sautéed peppers and onion.
Chicken or beef.
With salsa & sour cream.

Chef Salad - \$9.95

A mix of garden greens, diced cucumber and tomato. Topped with julienne of ham, chicken, sliced egg & grated mixed cheeses. Ranch, Blue Cheese, Italian, Thousand Island, or Roasted Red Pepper dressing.

Thai Salad - \$9.95

Our mixed green salad, on farked noodles, topped with mango chicken, almonds and a Thai sesame dressing.

Caesar Salad - Starter \$5.95 / Large \$8.95

Crisp romaine with our own Caesar dressing and shredded Parmesan.
Add chicken or shrimp - \$3.75

Mixed Greens Salad - Starter - \$5.25 / Large - \$ 7.75

Fresh greens, tomatoes, cucumbers and carrots.
Your choice of: Ranch, Blue Cheese, Italian, Thousand Island, or Roasted Red Pepper dressing.

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Sandwiches & Burgers

All burgers, sandwiches and wraps are served with fries, Caesar salad or mixed greens
Sub Sweet potato fries \$2.00

For burgers your choice of beef, chicken or veggie or extra patty for \$3.00

Classic Burger - \$7.50

Lettuce, tomato, onion, pickle with roasted garlic mayonnaise on a Kaiser bun.

Boomer's Bigger Burger - 8.95

Classic burger loaded with mushrooms, bacon and cheddar cheese.

Double Bison Burger - \$9.95

Two 4oz Buffalo patties with Chipotle mayo and cheddar cheese.

Buffalo Chicken Burger - \$8.50

Breaded chicken, Swiss cheese, and lots of Frank's hot sauce.

Boomer's Turkey Burger - \$8.50

Home made ground Turkey pattie, Lettuce, tomato, onion, pickle and a tasty cranberry mayo

Beef Dip - \$8.50

Slow roasted beef on a grilled baguette with jus. Served with fries or salad.

Clubhouse Sandwich - \$8.95

Focaccia with lettuce, tomato, bacon, grilled chicken and roasted garlic mayonnaise.

Caesar Wrap - \$8.75

Grilled chicken, Parmesan, romaine, croutons and our Caesar dressing.

Buffalo Wrap - \$8.75

Breaded chicken smothered in Frank's hot sauce lettuce, tomato and ranch.

Clubhouse Wrap - \$8.75

Bacon, chicken, lettuce, tomato and roasted garlic mayonnaise.

Chipotle Beef Wrap - \$8.75

Slow roasted beef, peppers, onions, tomato, mixed cheeses & chipotle cream sauce.

Thai Peanut Wrap - \$8.75

Grilled chicken, farkay noodles, romaine, shredded carrot & spicy Thai peanut sauce.

Greek Wrap - \$8.75

Tzatziki, peppers, onion, tomato, olives, & feta cheese.

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Pizza

Your choice of three sizes: Small \$10.95 / Medium \$13.95 / Large \$17.95

Gluten free crust available only in small sizes.

Boomer's Greek

Grilled seasoned chicken, feta cheese, olives, onions, peppers, tomatoes, Mozzarella cheese.

Hawaiian

Ham, pineapple, and Mozzarella cheese.

Meat Lover's

Bacon, ham, Chorizo sausage, ground beef, and Mozzarella.

Pepperoni and Mushroom

Pepperoni, mushrooms and Mozzarella cheese.

Boomer's Mexican

Seasoned beef, salsa ,green onion, tomato, red pepper, jalapenos and mixed cheese.



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Kid's Menu

All choices only \$6.50 including a small drink. Available until 8:30 p.m.



Pizza

Cheese, Hawaiian or Pepperoni

Dinosaur Chicken Strips & Fries

Mini Burgers & Fries

Linguine

Tomato or Alfredo

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Pasta and Entrees



All pastas are served with garlic toast

Cajun Chicken Alfredo - Lunch \$8.95 / Dinner \$10.95

Seasoned chicken simmered in a creamy Alfredo sauce with penne noodles.

Mediterranean Prawn Linguine - Lunch \$8.95 / Dinner \$10.95

Sautéed tiger prawns tossed with, sun-dried tomatoes, spinach and black olives.
Simmered in a light rosé sauce.

Meat Lovers Penne - Lunch - \$8.95 / Dinner \$10.95

Seasoned ground beef, bacon and chorizo sausage simmered in a tomato basil sauce with penne noodles.

Lemon Pepper Prawn Alfredo - Lunch - \$8.95 / Dinner \$10.95

Sautéed tiger prawns seasoned with lemon pepper in Alfredo sauce with linguine noodles.

Sirloin Steak Sandwich - \$9.95

A 6oz sirloin grilled to your liking, topped with sautéed mushrooms on garlic toast.

Halibut and Chips - 1 piece \$9.95 2 piece \$13.95

Tender halibut dipped in our own Okanagan Spring Pale Ale tempura batter.
Served with tartar sauce and fries or salad.

Rice Bowl - \$9.95

Steamed broccoli, cauliflower and carrots tossed in Teriyaki or Szechwan sauce with your choice of beef, chicken or shrimp. Served over coconut rice and topped with sesame seeds and dried noodles.

Boomer's Schnitzel - \$11.95

Two breaded Pork schnitzels complimented with a peppercorn sauce, peppers, mushrooms and onions.
Served with garlic mashed potatoes.

Late Night Menu

After 10pm



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Red pepper, mushrooms, olives, green onion, tomato and cheese with salsa and sour cream.

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Edamame - \$7.50

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Vegetable Platter - \$6.95

Fresh seasonal vegetables with ranch dressing.

Boomer; Dry Rib; with lemon wedge - \$7.95

Pizza

Boomer; Greek

Grilled seasoned chicken, feta cheese, olives, onions, peppers, tomatoes, mozzarella cheese.

Small \$10.95 Medium \$13.95 Large \$17.95

Hawaiian

Ham, pineapple, and mozzarella cheese.

Small \$10.95 Medium \$13.95 Large \$17.95

Meat Lover's

Bacon, ham, sausage, ground beef, and Mozzarella.

Small \$10.95 Medium \$13.95 Large \$17.95

Pepperoni and Mushroom

Pepperoni, mushrooms and Mozzarella cheese.

Small \$10.95 Medium \$13.95 Large \$17.95

Boomer; Mexican

Seasoned beef, salsa, green onion, tomato, red pepper, jalapenos and Mixed cheese.

Small \$10.95 Medium \$13.95 Large \$17.95



Nachos - Small 9.95 / Large \$15.95

Black olives, jalapenos, red pepper, green onion, tomato, mixed cheese.

Add beef or chicken - \$3.75 / Add Guacamole - \$1.50

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Smothered in cheese curds and gravy.

Grilled Pita Points - \$7.50

Served with our own Tzatziki and Hummus.

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Deep-fried golden brown.

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Served with our Tri colored Tortilla chips

